

Meatball Sub

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sub	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49871

Ingredients

Description	Measurement	Prep Instructions	DistPart #
STEAK BUN, WHITE WHEAT, 6.5"	1 Each		31401
MEATBALL CHIX 1Z	3 Each	BAKE Appliances vary, adjust accordingly to insure internal temperature reaches 145°F. Open bag and place meatballs in a single layer on baking tray. Conventional Oven 30-33 minutes at 350°F from frozen. CONVECTION Appliances vary, adjust accordingly to insure internal temperature reaches 145°F. Open bag and place meatballs in a single layer on baking tray. Convection Oven 15-18 minutes at 350°F from frozen.	190302
SAUCE PIZZA W/BASL	1/2 Cup	READY_TO_EAT Use as Base to Sauce	254492

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.380
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Sub

Amount Per Serving	
Calories	360.00
Fat	13.00g
SaturatedFat	2.50g
Trans Fat	0.00g
Cholesterol	55.00mg
Sodium	560.00mg
Carbohydrates	39.00g
Fiber	3.00g
Sugar	7.00g
Protein	25.00g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 98.00mg	Iron 2.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available