

# Lunchable-Sunchip, Turkey and Cheese

|                      |                          |                       |         |
|----------------------|--------------------------|-----------------------|---------|
| <b>Servings:</b>     | 1.00                     | <b>Category:</b>      | Entree  |
| <b>Serving Size:</b> | 1.00 Serving             | <b>HACCP Process:</b> | No Cook |
| <b>Meal Type:</b>    | Lunch                    | <b>Recipe ID:</b>     | R-44814 |
| <b>School:</b>       | Walton-Verona Elementary |                       |         |

## Ingredients

| Description                    | Measurement | Prep Instructions  | DistPart # |
|--------------------------------|-------------|--|------------|
| CHIP HARV CHED 104-SSV SUNCHIP | 1 Ounce     | READY_TO_EAT<br>Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options. | 105260     |
| TURKEY BRST SLCD OVN RSTD      | 3 Slice     |  | 344120     |
| Baby Carrots                   | 1/2 Cup     |  | 812540     |
| CRACKER ENG SPANSH SMART       | 1 Ounce     |  | 159361     |

## Preparation Instructions

Roll turkey and place chips and carrots on plate

## Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 2.000 |
| <b>Grain</b>    | 2.000 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.500 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| <b>Amount Per Serving</b> |          |                  |        |
|---------------------------|----------|------------------|--------|
| <b>Calories</b>           | 214.69   |                  |        |
| <b>Fat</b>                | 4.50g    |                  |        |
| <b>SaturatedFat</b>       | 0.00g    |                  |        |
| <b>Trans Fat</b>          | 0.00g    |                  |        |
| <b>Cholesterol</b>        | 25.00mg  |                  |        |
| <b>Sodium</b>             | 725.94mg |                  |        |
| <b>Carbohydrates</b>      | 34.25g   |                  |        |
| <b>Fiber</b>              | 4.31g    |                  |        |
| <b>Sugar</b>              | 14.63g   |                  |        |
| <b>Protein</b>            | 13.00g   |                  |        |
| <b>Vitamin A</b>          | 0.00IU   | <b>Vitamin C</b> | 0.37mg |
| <b>Calcium</b>            | 8.50mg   | <b>Iron</b>      | 1.49mg |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

No 100g Conversion Available