

# Charcuterie Box

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-46696
<b>School:</b>	Walton-Verona High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PRETZEL HEARTZELS	1 Package	READY_TO_EAT Ready to Eat	893711
Flatbreads, Whole Grain, Frozen,	1 Each	THAW	959048
CHEESE STRING MOZZ	1 Each		579050
HUMMUS CLSC GRAB N GO	1 Each	READY_TO_EAT Keep refrigerated, Great with vegetables, pita chips, crackers or bread	139603
CARROT BABY WHL CLEANED	1/2 Cup		510637
PICKLE GHERKIN SWT	2 Each		485543

## Preparation Instructions

No Preparation Instructions available.

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	2.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.500
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	480.65
<b>Fat</b>	20.00g
<b>SaturatedFat</b>	5.00g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	15.00mg
<b>Sodium</b>	1110.77mg
<b>Carbohydrates</b>	60.99g
<b>Fiber</b>	9.56g
<b>Sugar</b>	19.67g
<b>Protein</b>	16.00g
<b>Vitamin A</b> 21400.00IU	<b>Vitamin C</b> 7.80mg
<b>Calcium</b> 298.45mg	<b>Iron</b> 2.84mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

No 100g Conversion Available