

Roast Chicken Thighs with Roll

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-47163
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX CVP THGH BNLS JMBO HALAL	3 Ounce	BAKE For Food Safety Cook thoroughly to a minimum internal temperature of 165 degrees F. for 15 seconds.	477951
ROLL WHE WGRAIN BKD 72-2Z MAKTCH	1 Each		536890

Preparation Instructions

Season with Olive Oil, Ranch Seasoning, Italian Seasoning and Garlic Powder

Meal Components (SLE)

Amount Per Serving

Meat	3.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	237.50		
Fat	5.88g		
SaturatedFat	1.75g		
Trans Fat	0.00g		
Cholesterol	83.75mg		
Sodium	158.75mg		
Carbohydrates	32.00g		
Fiber	7.00g		
Sugar	10.00g		
Protein	21.50g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	2.12mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available
