

# Sherbert Luigi

|                      |                          |                       |         |
|----------------------|--------------------------|-----------------------|---------|
| <b>Servings:</b>     | 3.00                     | <b>Category:</b>      | Fruit   |
| <b>Serving Size:</b> | 1.00 Serving             | <b>HACCP Process:</b> | No Cook |
| <b>Meal Type:</b>    | Lunch                    | <b>Recipe ID:</b>     | R-47261 |
| <b>School:</b>       | Walton-Verona Elementary |                       |         |

## Ingredients

| Description               | Measurement | Prep Instructions | DistPart # |
|---------------------------|-------------|-------------------|------------|
| SHERBET CUP ORANGE        | 1 Each      |                   | 563710     |
| SORBET CUP CHRY/BLUERASPB | 1 Each      |                   | 602382     |
| SORBET CUP STRAWB/KIWI    | 1 Each      |                   | 602362     |

## Preparation Instructions

No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 0.000 |
| <b>Grain</b>    | 0.000 |
| <b>Fruit</b>    | 0.500 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.000 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

### Nutrition Facts

Servings Per Recipe: 3.00

Serving Size: 1.00 Serving

| Amount Per Serving      |                         |
|-------------------------|-------------------------|
| <b>Calories</b>         | 86.67                   |
| <b>Fat</b>              | 0.50g                   |
| <b>SaturatedFat</b>     | 0.33g                   |
| <b>Trans Fat</b>        | 0.00g                   |
| <b>Cholesterol</b>      | 1.67mg                  |
| <b>Sodium</b>           | 10.00mg                 |
| <b>Carbohydrates</b>    | 21.00g                  |
| <b>Fiber</b>            | 2.00g                   |
| <b>Sugar</b>            | 17.00g                  |
| <b>Protein</b>          | 0.00g                   |
| <b>Vitamin A</b> 0.00IU | <b>Vitamin C</b> 0.00mg |
| <b>Calcium</b> 50.00mg  | <b>Iron</b> 0.49mg      |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

No 100g Conversion Available