

Pirate Treasure Lunch Box

| | | | |
|----------------------|--------------------------|-----------------------|---------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-50187 |
| School: | Walton-Verona Elementary | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------|---|------------|
| Bongards Cheddar Cheese Stick - 168/1 oz | 1 Each | | 122023 |
| PRETZEL TWIST TINY | 1 Package | READY_TO_EAT Use Code date on bag to rotate product so that the oldest product is consumed first. Place in box lunch or on tray unopened | 158771 |
| CRACKER GLDFSH CHS | 1 Each | READY_TO_EAT Ready to Enjoy | 110431 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 1.000 |
| Grain | 2.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | |
|----------------------|----------|
| Calories | 163.93 |
| Fat | 4.00g** |
| SaturatedFat | 0.71g |
| Trans Fat | 0.00g |
| Cholesterol | 6.07mg |
| Sodium | 416.43mg |
| Carbohydrates | 25.00g |
| Fiber | 1.00g |
| Sugar | 1.00g |
| Protein | 3.25g |
| Vitamin A | 0.00IU** |
| Vitamin C | 0.00mg** |
| Calcium | 37.29mg |
| Iron | 1.27mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available