

# Asian Brown Rice

<b>Servings:</b>	52.00	<b>Category:</b>	Grain
<b>Serving Size:</b>	3.00 Fluid Ounce	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-44178

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Tap Water for Recipes	1 Quart 1 Pint (6 Cup)	UNPREPARED	000001WTR
RICE BRN ASIAN 6-26.4Z UBEN	1 Pound 10 1/2 Ounce (26 1/2 Ounce)		244541
BUTTER PRINT SLTD GRD AA	2 Ounce		191205

## Preparation Instructions

Combine 6 cups of hot water with 1 seasoning packet in deep pan that has been sprayed well. Stir well.

Add 1 box and 2 oz of butter. Stir well.

Cover pan and steam for 20 minutes or until most of the water is absorbed.

Cover tightly with wrap

Keep in warmer until ready to serve.

### Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	0.000
<b>Grain</b>	0.750
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

### Nutrition Facts

Servings Per Recipe: 52.00

Serving Size: 3.00 Fluid Ounce

Amount Per Serving			
<b>Calories</b>	21.18		
<b>Fat</b>	0.99g		
<b>SaturatedFat</b>	0.58g		
<b>Trans Fat</b>	0.00g		
<b>Cholesterol</b>	2.35mg		
<b>Sodium</b>	35.62mg		
<b>Carbohydrates</b>	2.67g		
<b>Fiber</b>	0.13g		
<b>Sugar</b>	0.19g		
<b>Protein</b>	0.32g		
<b>Vitamin A</b>	0.00IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	1.27mg	<b>Iron</b>	0.05mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Nutrition - Per 100g**

---

No 100g Conversion Available

---