

Variety of Milk

Servings:	4.00	Category:	Milk
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-44300

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TRU MOO CHOCOLATE MILK	3 Serving		47282
1% Lowfat White Milk	1 Serving		51796

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 4.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	108.44
Fat	1.95g
SaturatedFat	1.17g
Trans Fat	0.00g
Cholesterol	11.56mg
Sodium	135.04mg
Carbohydrates	15.41g
Fiber	0.00g
Sugar	13.88g
Protein	6.25g
Vitamin A 11.72IU	Vitamin C 0.00mg
Calcium 19.53mg	Iron 0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available