

Lunchable-Yogurt, Goldish, String Cheese

| | | | |
|----------------------|--------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-44180 |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------|-------------|--------------------------------|------------|
| YOGURT DANIMAL STRAWB N/F | 1 Ounce | READY_TO_EAT READY_TO_EAT | 885750 |
| CRACKER GLDFSH CINN | 1 Package | READY_TO_EAT Ready to Enjoy | 194510 |
| CHEESE STRING MOZZ IW 1Z | 1 Each | | 714960 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 1.250 |
| Grain | 1.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|-------------------------|-------------------------|
| Calories | 217.50 |
| Fat | 10.00g |
| SaturatedFat | 4.50g |
| Trans Fat | 0.00g |
| Cholesterol | 15.00mg |
| Sodium | 353.75mg |
| Carbohydrates | 22.50g |
| Fiber | 1.00g |
| Sugar | 9.50g |
| Protein | 9.00g |
| Vitamin A 0.00IU | Vitamin C 0.00mg |
| Calcium 325.00mg | Iron 2.00mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available