

Turkey and GOgurt Lunch Pack

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-44327

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY BRST SLCD OVN RSTD	2 Slice	Rolled Up	344120
YOGURT STRAWB TUBE 2Z	1 Each		895090
CRACKER CHEEZ-IT WGRAIN	1 Package		512342

Preparation Instructions

Place all items in hinged container. Chill at 41 until serving.

Meal Components (SLE)

Amount Per Serving

Meat	1.833
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	210.03
Fat	5.53g
SaturatedFat	1.30g
Trans Fat	0.00g
Cholesterol	26.67mg
Sodium	663.33mg
Carbohydrates	27.67g
Fiber	2.00g
Sugar	5.67g
Protein	12.63g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 146.73mg	Iron 1.44mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available