

Cheese Sauce JTM

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46442
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE CHS CHED	2 Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	271081

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.099
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving	
Calories	118.68
Fat	8.79g
SaturatedFat	5.05g
Trans Fat	0.00g
Cholesterol	30.77mg
Sodium	452.75mg
Carbohydrates	2.20g
Fiber	0.00g
Sugar	1.10g
Protein	7.69g
Vitamin A 426.37IU	Vitamin C 0.00mg
Calcium 221.98mg	Iron 0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	209.32
Fat	15.51g
SaturatedFat	8.92g
Trans Fat	0.00g
Cholesterol	54.27mg
Sodium	798.51mg
Carbohydrates	3.88g
Fiber	0.00g
Sugar	1.94g
Protein	13.57g
Vitamin A 751.99IU	Vitamin C 0.00mg
Calcium 391.50mg	Iron 0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes