Mashed Potato

NO IMAGE

Servings:	280.00	**Category:**	Vegetable
Serving Size:	4.00 Ounce	**HACCP Process:**	Same Day Service
Meal Type:	Lunch	**Recipe ID:**	R-44214
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUTTER SUB	1 Pint		209810
BASE CHIX LO SOD NO MSG	2 Fluid Ounce	**UNPREPARED** **To make an instant fully seasoned stock broth, add Base to water and stir: 3** **4 tsp + 1 cup water or 1 Tbsp base + 1 quart water or 1 1** **2 cups base + 6 gallons water**	580589
SEASONING SIX PEPR BLEND	2 Fluid Ounce		229580
Water	5 Gallon	READY_TO_DRINK	Water
Potatoes dehyrated	8 Pound 12 Ounce (140 Ounce)		613738

Preparation Instructions

) POUR 1 POUCH OF POTATO PEARLS EXCEL MASHED POTATOES INTO A 4" DEEP HALF-SIZE STEAM TABLE PAN. 2) MEASURE 1 GALLON OF HOT WATER (170- 190 DEGREES F) AND POUR OVER POTATO PEARLS EXCEL MASHED POTATOES. PROMPTLY STIR FOR 15-20 SECONDS TO ENSURE EVEN DISTRIBUTION. 3) ALLOW POTATOES TO SIT FOR 3-5 MINUTES. FLUFF WITH FORK AND SERVE. 4)RE-FRESH PRODUCT BY ADDING TO CUP OF BOILING WATER AS NEEDED.

Boil Water - whip in the mashed potato mix and then season.

Hot Serve 135F or higher

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

Nutrition Facts

Servings Per Recipe: 280.00
Serving Size: 4.00 Ounce

Amount Per Serving	
Calories	71.09
Fat	1.00g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	368.19mg
Carbohydrates	14.27g
Fiber	1.00g
Sugar	0.00g
Protein	2.00g

Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	10.00mg	Iron	0.30mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes
**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

Calories	62.69
Fat	0.88g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	324.69mg
Carbohydrates	12.58g
Fiber	0.88g
Sugar	0.00g
Protein	1.76g

Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	8.82mg	Iron	0.26mg

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