

Shipwrecked Ice Cream Cup

NO IMAGE

| | | | |
|----------------------|--------------------------------------|-----------------------|---------------------|
| Servings: | 1.00 | Category: | Condiments or Other |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-50270 |
| School: | Walton-Verona Early Childhood Center | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|----------------------|-------------|-------------------|------------|
| ICE CRM CUP VAN FLAV | 1 Each | | 359700 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 0.000 |
| Grain | 0.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | |
|---------------------------|-------------------------|
| Calories | 130.00 |
| Fat | 7.00g |
| SaturatedFat | 4.00g |
| Trans Fat | 0.00g |
| Cholesterol | 25.00mg |
| Sodium | 45.00mg |
| Carbohydrates | 16.00g |
| Fiber | 0.00g |
| Sugar | 11.00g |
| Protein | 2.00g |
| Vitamin A 300.00IU | Vitamin C 0.00mg |
| Calcium 80.00mg | Iron 0.00mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available