

Uncle Bens Stuffing

NO IMAGE

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-47164
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Rice, brown, parboiled, cooked, UNCLE BENS	1/4 Cup		20651

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	56.96
Fat	0.33g
SaturatedFat	0.08g
Trans Fat	0.00g
Cholesterol	0.00mg**
Sodium	1.55mg
Carbohydrates	12.14g
Fiber	0.66g
Sugar	0.06g
Protein	1.20g
Vitamin A 0.00IU**	Vitamin C 0.00mg**
Calcium 1.16mg	Iron 0.21mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available