

# Thanksgiving Turkey, Mashed Potato, Roll

NO IMAGE

|                      |                           |                       |                   |
|----------------------|---------------------------|-----------------------|-------------------|
| <b>Servings:</b>     | 107.00                    | <b>Category:</b>      | Entree            |
| <b>Serving Size:</b> | 1.00 Serving              | <b>HACCP Process:</b> | Complex Food Prep |
| <b>Meal Type:</b>    | Lunch                     | <b>Recipe ID:</b>     | R-48709           |
| <b>School:</b>       | Walton-Verona High School |                       |                   |

## Ingredients

| Description                      | Measurement | Prep Instructions  | DistPart # |
|----------------------------------|-------------|--|------------|
| TURKEY & GRAVY<br>CKD 4-7# JENNO | 28 Pound    | 4 oz by weight   | 653171     |
| POTATO PRLS EXCEL                | 5 1/2 Pound | RECONSTITUTE<br>1: Pour 4L (about 1 gallon plus 1 cup) of hot water (170-190°F) into 6" deep half-size steamtable pan. 2: Add all potatoes, stir for 15 seconds. 3: Let stand for 5 minutes, stir and serve. | 613738     |
| Whole Grain Dinner Roll          | 1 bun       | READY_TO_EAT   | 1591       |

## Preparation Instructions

No Preparation Instructions available.

## Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 0.000 |
| <b>Grain</b>    | 0.000 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.000 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

## Nutrition Facts

Servings Per Recipe: 107.00

Serving Size: 1.00 Serving

| Amount Per Serving      |                         |
|-------------------------|-------------------------|
| <b>Calories</b>         | 417.60                  |
| <b>Fat</b>              | 8.33g                   |
| <b>SaturatedFat</b>     | 1.51g                   |
| <b>Trans Fat</b>        | 0.00g                   |
| <b>Cholesterol</b>      | 45.29mg                 |
| <b>Sodium</b>           | 1741.87mg               |
| <b>Carbohydrates</b>    | 58.07g                  |
| <b>Fiber</b>            | 3.30g                   |
| <b>Sugar</b>            | 0.01g                   |
| <b>Protein</b>          | 24.72g                  |
| <b>Vitamin A</b> 0.00IU | <b>Vitamin C</b> 0.00mg |
| <b>Calcium</b> 32.90mg  | <b>Iron</b> 1.35mg      |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available