

# Sausage Pancake Wrap



<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-50201
<b>School:</b>	Walton-Verona High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCK WRAP SAUS WGRAIN STIX 40-2.51Z	1 Each	<p><b>BAKE</b> <b>HEATING INSTRUCTIONS: FROM FROZEN</b> Conventional Oven</p> <ol style="list-style-type: none"><li>1. Preheat Conventional Oven: 375°F. Convection Oven: 350°F.</li><li>2. Place Breakfast Sticks in film on baking pan(s). Do not open or puncture film.</li><li>3. Bake for 20-25 minutes or until at least 165°F.</li></ol> <p>For children under 5 years of age remove stick, cut product lengthwise then into small pieces.</p> <p><b>MICROWAVE</b> <b>HEATING INSTRUCTIONS: FROM FROZEN</b> Microwave</p> <p>Directions were developed using 1000 watt commercial microwave oven. Ovens vary; cook times may need to be adjusted.</p> <ol style="list-style-type: none"><li>1. Make a ¼-inch slit on top of film to vent.</li><li>2. Microwave on HIGH for 50-55 seconds or until hot.</li><li>3. Let stand in microwave for 1 minute before serving.</li></ol> <p><b>NOTE: Product may be held in warming unit in film for up to 1 hour.</b></p> <p><b>CAUTION: PRODUCT WILL BE HOT! CAREFULLY REMOVE FROM POUCH. ENJOY!</b></p> <p>For children under 5 years of age remove stick, cut product lengthwise then into small pieces.</p>	556982

## Preparation Instructions

No Preparation Instructions available.

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	1.000
<b>Grain</b>	1.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	140.00
<b>Fat</b>	5.00g
<b>SaturatedFat</b>	1.50g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	10.00mg
<b>Sodium</b>	360.00mg
<b>Carbohydrates</b>	16.00g
<b>Fiber</b>	2.00g
<b>Sugar</b>	6.00g
<b>Protein</b>	8.00g
<b>Vitamin A</b> 0.00IU	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 50.00mg	<b>Iron</b> 1.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available