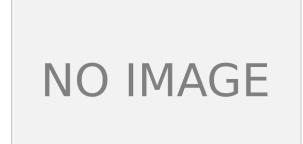
Chicken Tender with Macaroni and Cheese



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45070
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Cheesy Macaroni	1 Serving	 Boil the noodles according to package instructions. 2. Drain the noodles. Heat milk, cheese sauce, shred cheese, butter, and pepper in a pot till melted. Add pasta, stir, and divide into steam table pans that have been lightly sprayed. 4. Cover pans with foil for service. Divide into pans for hot service at 135 F or above. Serve online with a 4oz scoop. 	R-45092
CHIX BRST TNDR BRD WGRAIN 4.5Z 8-4#	3 Piece	Basic Preparation Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490

Preparation Instructions No Preparation Instructions available.

Meal Components (SLE)

Amount	Per	Serving

Meat	3.000	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

Nutrition Facts

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

		3		
Amount Per Serving				
Calories		455.48		
F	at	17.53g		
SaturatedFat		6.54g		
Trans Fat		0.00g		
Cholesterol		94.14mg		
Sodium		843.72mg		
Carbohydrates		38.54g		
Fi	ber	3.00g		
Sugar		3.77g		
Protein		33.36g		
Vitamin A	298.46IU	Vitamin C	0.00mg	
Calcium	176.50mg	Iron	2.90mg	

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available