

Glazed Carrots PK

NO IMAGE

Servings:	50.00	Category:	Vegetable
Serving Size:	0.25 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45509
School:	Walton-Verona Early Childhood Center		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CARROT SLCD MED	1 #10 CAN		118915
BUTTER SUB	1/2 Package		209810
SUGAR, BROWN LIGHT GRANULATED CANE	1/4 Cup		855387

Preparation Instructions

Mix items together and steam to 165F and Hold at 135F or higher

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.259
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 0.25 Cup

Amount Per Serving	
Calories	22.26
Fat	0.00g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	186.91mg
Carbohydrates	5.03g
Fiber	0.52g
Sugar	1.04g
Protein	0.00g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 19.14mg	Iron 0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available