

# Crispy Chicken Sandwich PK

NO IMAGE

|                      |                                      |                       |                  |
|----------------------|--------------------------------------|-----------------------|------------------|
| <b>Servings:</b>     | 1.00                                 | <b>Category:</b>      | Entree           |
| <b>Serving Size:</b> | 1.00 Serving                         | <b>HACCP Process:</b> | Same Day Service |
| <b>Meal Type:</b>    | Lunch                                | <b>Recipe ID:</b>     | R-49196          |
| <b>School:</b>       | Walton-Verona Early Childhood Center |                       |                  |

## Ingredients

| Description                          | Measurement | Prep Instructions   | DistPart # |
|--------------------------------------|-------------|---|------------|
| 4" Wg Rich Hamburger Bun             | 1/2 bun     | BAKE<br>Toast if desired  | 3474       |
| CHIX PTY BRD WGRAIN 170-3Z<br>GLDCRK | 1/2 Each    | Bake 375 for 17-19 minutes or until internal temperature<br>165 | 259967     |

## Preparation Instructions

Directions:

HACCP STEP: WASH HANDS.

1. Cook chicken patty as directed on package.
2. Place cooked chicken patty on bottom of roll. Top with remaining half of roll.
3. Serve.
4. Allow student to select condiment of choice.

## Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 1.000 |
| <b>Grain</b>    | 1.500 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.000 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving      |                         |
|-------------------------|-------------------------|
| <b>Calories</b>         | 160.00                  |
| <b>Fat</b>              | 5.00g                   |
| <b>SaturatedFat</b>     | 0.75g                   |
| <b>Trans Fat</b>        | 0.00g                   |
| <b>Cholesterol</b>      | 17.50mg                 |
| <b>Sodium</b>           | 325.00mg                |
| <b>Carbohydrates</b>    | 18.00g                  |
| <b>Fiber</b>            | 1.00g                   |
| <b>Sugar</b>            | 1.50g                   |
| <b>Protein</b>          | 10.00g                  |
| <b>Vitamin A</b> 0.00IU | <b>Vitamin C</b> 0.00mg |
| <b>Calcium</b> 13.00mg  | <b>Iron</b> 4.54mg      |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available