

Pizza Bagel Bites PK



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|----------------------|--------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-46390 |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------|-------------|---|------------|
| PIZZA BAGEL CHS MINI | 3 Each | Basic Preparation Pre heat convection oven to 425 degrees F, conventional oven to 450 degrees F. Place 3 bagels per serving mini pizza bagels on parchment lined sheet pan. Bake for 9-11 minutes. Remove from oven and serve. Allow pan to cool for 3-5 minutes then cover tightly with plastic film. Hold covered tray in a moist 145 degree warmer for up to 1 hour. | 703411 |

Preparation Instructions

3=serving

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 1.500 |
| Grain | 1.500 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.098 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|---------------------------|-------------------------|
| Calories | 195.00 |
| Fat | 6.75g |
| SaturatedFat | 3.75g |
| Trans Fat | 0.00g |
| Cholesterol | 15.00mg |
| Sodium | 420.00mg |
| Carbohydrates | 18.00g |
| Fiber | 3.00g |
| Sugar | 3.00g |
| Protein | 15.75g |
| Vitamin A 562.50IU | Vitamin C 4.50mg |
| Calcium 262.50mg | Iron 1.35mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available