

Pirate Treasure Lunch Box

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-50187
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Bongards Cheddar Cheese Stick - 168/1 oz	1 Each		122023
PRETZEL TWIST TINY	1 Package	READY_TO_EAT Use Code date on bag to rotate product so that the oldest product is consumed first. Place in box lunch or on tray unopened	158771
CRACKER GLDFSH CHS	1 Each	READY_TO_EAT Ready to Enjoy	110431

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	163.93
Fat	4.00g**
SaturatedFat	0.71g
Trans Fat	0.00g
Cholesterol	6.07mg
Sodium	416.43mg
Carbohydrates	25.00g
Fiber	1.00g
Sugar	1.00g
Protein	3.25g
Vitamin A	0.00IU**
Vitamin C	0.00mg**
Calcium	37.29mg
Iron	1.27mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available