

Walking taco



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-35560
School:	Columbia Local High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	4 Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	722330
CHIP NACHO CHS R/F TOP N GO	1 Package	READY_TO_EAT Lay product flat with the front facing you. Pull open the easy open strip to reveal the product. Cover product with toppings (chili, cheese sauce, or other - you provide) Enjoy	815803
CHEESE CHED MLD SHRD 4-5 LOL	1 Ounce	READY_TO_EAT Preshredded. Use cold or melted	150250

Preparation Instructions

Cook taco meat in bag boil or it can be steamed CCP to 165 degrees or higher for 15 seconds. Chips are ready to eat in bag sprinkle with .05 oz cheese keep cold cheese at CCP: at 41 degrees or less at point of service.

Meal Components (SLE)

Amount Per Serving

Meat	3.024
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.164
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	387.71
Fat	17.56g
SaturatedFat	6.27g
Trans Fat	0.00g
Cholesterol	57.90mg
Sodium	748.12mg
Carbohydrates	34.81g
Fiber	4.52g
Sugar	3.52g
Protein	22.15g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 212.59mg	Iron 2.90mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available