

Pasta with Meat Sauce



Servings:	513.000	Category:	Entree
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-37853
School:	John Glenn High		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	102 3/5 Pound	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	573201
SAUCE SPAGHETTI FCY	10 1/4 #10 CAN	HEAT_AND_SERVE Heat & Serve MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve	852759
PASTA PENNE WGRAIN	41 0.0399999999999999 Pound	BOIL Cooking Time: 9 Minutes Pre-cooking time: 5 Minutes	541211
Tap Water for Recipes	61 Pound 8 1 Ounce (985 Ounce)	UNPREPARED	

Preparation Instructions

Pre-heat convection oven to 325° F.

Lightly spray the bottom and sides of a 2" deep, full-size pan with non-stick pan spray.

Pour thawed, Premium Beef Spaghetti Sauce into pan.

Add spaghetti sauce, hot water and dry pasta and blend well.

Cover pan and bake for 30 minutes.

Carefully remove from oven and gently stir.

Meal Components (SLE)

Amount Per Serving

Meat	1.000
Grain	1.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 513.000

Serving Size: 1.00 Cup

Amount Per Serving	
Calories	235.37
Fat	4.96g
SaturatedFat	1.60g
Trans Fat	0.00g
Cholesterol	31.43mg
Sodium	391.94mg
Carbohydrates	35.41g
Fiber	6.75g
Sugar	8.81g
Protein	15.46g
Vitamin A 369.71IU	Vitamin C 10.86mg
Calcium 37.51mg	Iron 3.45mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available