

Cookbook for Knox Middle School

Created by HPS Menu Planner

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Variety of Juice

Cheeseburger

Ham Chef Salad with Cheez-It and Muffin

Uncrustable, String Cheese, & Cheez-It

Ham & Cheese Sub

Turkey & Cheese Sub

Seasoned Green Beans

Seasoned Corn

Assorted Cereal

Assorted Variety of Pop-Tarts (2 Count)

Assorted Variety of Muffin

Kellogg's Eggo Graham Crackers

Breaded Chicken Sandwich

Seasoned Steamed Broccoli

Refried Beans

Yogurt Parfait

Salisbury Steak

Spicy Chicken Sandwich

Mashed Potatoes

Glazed Carrots

Chicken Gravy

Grilled Cheese Sandwich

Tomato Soup

Mini French Toast

Pizza Burger

Seasoned Mixed Vegetables

Eggo Bites® Mini Pancakes

RF Doritos

Seasoned Peas