# **Brown Gravy #7120182**

| Servings:     | 1.00                        | Category:             | Entree           |
|---------------|-----------------------------|-----------------------|------------------|
| Serving Size: | 2.00                        | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                       | Recipe ID:            | R-50310          |
| School:       | Attica Jr/Sr High<br>School |                       |                  |

# **Ingredients**

| Description          | Measurement | Prep Instructions | DistPart # |
|----------------------|-------------|-------------------|------------|
| MIX GRAVY BRN LO SOD | 2 Ounce     | Raw Code: 2242450 | 552050     |

### **Preparation Instructions**

Basic Preparation

IN SAUCEPAN HEAT 1 GALLON OF WATER (190-212 DEGREES F). REMOVE FROM HEAT. GRADUALLY AD DFULL PACKAGE OF GRAVY MIX, STIRRING BRISKLY WITH WIRE WHISK. RETURN TO MED-HIGH HEAT. STIR UNTIL GRAVY IS THICKENED AND SMOOTH. SERVE OR HOLD ON STEAM TABLE

#### **UNPREPARED**

OPEN pouch with our easy tear feature. POUR the full package of Low Sodium Brown Gravy Mix gradually into 1 gallon of boiling water (212°F). STIR briskly with wire whisk until smooth and thickened, while returning to mediumhigh heat; OR cover and let stand for 10 minutes, then STIR briskly with wire whisk.

Move Product to Zip Lock Bag #415160

Seal Bag

Refrigerate

# **Meal Components (SLE)**

Amount Per Serving

| 7 tillount i or oorving |       |
|-------------------------|-------|
| Meat                    | 0.000 |
| Grain                   | 0.000 |
| Fruit                   | 0.000 |
| GreenVeg                | 0.000 |
| RedVeg                  | 0.000 |
| OtherVeg                | 0.000 |
| Legumes                 | 0.000 |
| Starch                  | 0.000 |
|                         |       |

### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 2.00

| Amount Per Serving |        |           |        |  |  |
|--------------------|--------|-----------|--------|--|--|
| Calories           |        | 100.00    |        |  |  |
| Fat                |        | 0.00g     |        |  |  |
| SaturatedFat       |        | 0.00g     |        |  |  |
| Trans Fat          |        | 0.00g     |        |  |  |
| Cholesterol        |        | 0.00mg    |        |  |  |
| Sodium             |        | 520.00mg  |        |  |  |
| Carbohydrates      |        | 20.00g    |        |  |  |
| Fiber              |        | 0.00g     |        |  |  |
| Sugar              |        | 4.00g     |        |  |  |
| Protein            |        | 0.00g     |        |  |  |
| Vitamin A          | 0.00IU | Vitamin C | 0.00mg |  |  |
| Calcium            | 0.00mg | Iron      | 0.40mg |  |  |

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

# **Nutrition - Per 100g**

No 100g Conversion Available