

# Milk, Variety

<b>Servings:</b>	5.00	<b>Category:</b>	Milk
<b>Serving Size:</b>	8.00 Fluid Ounce	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-50456

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
1% Low Fat White Milk*	1 Pint		13871
.5 pint 1% chocolate milk	1 Pint		
1% Strawberry Milk*	1 Pint		
Prairie Farms Lactose Free Milk Carton	1 Pint		
Prairie Farms Skim White Milk Carton	1 Pint		

## Preparation Instructions

Place in milk cooler to keep an internal temperature of 35 degrees.

### Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	0.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

### Nutrition Facts

Servings Per Recipe: 5.00

Serving Size: 8.00 Fluid Ounce

Amount Per Serving	
<b>Calories</b>	104.00
<b>Fat</b>	1.00g
<b>SaturatedFat</b>	0.60g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	9.00mg
<b>Sodium</b>	130.00mg
<b>Carbohydrates</b>	14.80g
<b>Fiber</b>	0.00g
<b>Sugar</b>	14.00g
<b>Protein</b>	8.00g
<b>Vitamin A</b> 30.00IU	<b>Vitamin C</b> 0.40mg
<b>Calcium</b> 64.00mg	<b>Iron</b> 0.02mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Nutrition - Per 100g**

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No 100g Conversion Available

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