

Spaghetti and Meatsauce with Garlic Breadstick

Servings:	100.00	Category:	Entree
Serving Size:	0.50 Cup	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-50495

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTA SPAGHETTI 10IN	6 Pound		654560
Water	6 Gallon	READY_TO_DRINK	Water
SAUCE SPAGHETTI FCY	2 #10 CAN	HEAT_AND_SERVE Heat & Serve Add 2 quart water to sauce MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve	852759
Beef, Fine Ground 85/15, Frozen	18 Pound	Brown ground beef, cook to 155F drain fat	100158
BREADSTICK WGRAIN 1Z	100 Each	THAW Simply thaw and serve. If desired, can be toasted, baked with garlic butter	406321

Preparation Instructions

CCP hot hold 135F or higher

Meal Components (SLE)

Amount Per Serving

Meat	2.149
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.442
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	366.98
Fat	14.38g
SaturatedFat	4.30g
Trans Fat	2.15g
Cholesterol	55.88mg
Sodium	374.96mg
Carbohydrates	39.46g
Fiber	3.73g
Sugar	6.49g
Protein	22.17g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 38.37mg	Iron 1.86mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available