

TOASTED 3 CHEESE SANDWICH

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9453
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE SWS 160CT SLCD PROC	1 Slice		164348
CHEESE COLBY JK SLCD	1 Each		105988
CHEESE PEPR JK SLCD	1 Slice		777587
White Wheat Sandwich Bread	1 Slice		12385

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.750
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	268.91
Fat	18.45g
SaturatedFat	9.64g
Trans Fat	0.00g
Cholesterol	52.50mg
Sodium	578.64mg
Carbohydrates	14.45g
Fiber	1.20g
Sugar	2.00g
Protein	15.12g
Vitamin A 50.00IU	Vitamin C 0.00mg
Calcium 399.10mg	Iron 0.88mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available