

# TORTILLA WITH SEASONED CHICKEN

NO IMAGE

<b>Servings:</b>	50.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	3.00 Ounce	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-9912
<b>School:</b>	Manchester High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	10 Pound	UNSPECIFIED Not currently available	570533
SAUCE ENCHILADA MILD	2 Quart		598461
TORTILLA FLOUR 10 12-12CT GRSZ	50 Each		713340

## Preparation Instructions

No Preparation Instructions available.

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	2.667
<b>Grain</b>	2.250
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 3.00 Ounce

Amount Per Serving	
<b>Calories</b>	329.47
<b>Fat</b>	10.33g
<b>SaturatedFat</b>	4.10g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	58.67mg
<b>Sodium</b>	500.00mg
<b>Carbohydrates</b>	33.23g
<b>Fiber</b>	1.00g
<b>Sugar</b>	2.08g
<b>Protein</b>	23.20g
<b>Vitamin A</b> 0.00IU	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 50.00mg	<b>Iron</b> 2.64mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

<b>Calories</b>	387.39
<b>Fat</b>	12.15g
<b>SaturatedFat</b>	4.82g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	68.98mg
<b>Sodium</b>	587.90mg
<b>Carbohydrates</b>	39.07g
<b>Fiber</b>	1.18g
<b>Sugar</b>	2.45g
<b>Protein</b>	27.28g
<b>Vitamin A</b> 0.00IU	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 58.79mg	<b>Iron</b> 3.10mg

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