

# SHREDDED MOZZARELLA AND CHEDDAR CHEESE

NO IMAGE

|                      |                        |                       |                     |
|----------------------|------------------------|-----------------------|---------------------|
| <b>Servings:</b>     | 8.00                   | <b>Category:</b>      | Condiments or Other |
| <b>Serving Size:</b> | 0.25 Cup               | <b>HACCP Process:</b> | No Cook             |
| <b>Meal Type:</b>    | Lunch                  | <b>Recipe ID:</b>     | R-9963              |
| <b>School:</b>       | Manchester High School |                       |                     |

## Ingredients

| Description                  | Measurement | Prep Instructions | DistPart # |
|------------------------------|-------------|-------------------|------------|
| CHEESE CHED MLD SHRD 4-5 LOL | 1 Cup       |                   | 150250     |
| CHEESE MOZZ SHRD             | 1 Cup       |                   | 645170     |

## Preparation Instructions

No Preparation Instructions available.

## Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 1.000 |
| <b>Grain</b>    | 0.000 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.000 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

## Nutrition Facts

Servings Per Recipe: 8.00

Serving Size: 0.25 Cup

| Amount Per Serving      |                         |
|-------------------------|-------------------------|
| <b>Calories</b>         | 100.00                  |
| <b>Fat</b>              | 7.50g                   |
| <b>SaturatedFat</b>     | 4.75g                   |
| <b>Trans Fat</b>        | 0.00g                   |
| <b>Cholesterol</b>      | 22.50mg                 |
| <b>Sodium</b>           | 185.00mg                |
| <b>Carbohydrates</b>    | 1.00g                   |
| <b>Fiber</b>            | 0.00g                   |
| <b>Sugar</b>            | 0.50g                   |
| <b>Protein</b>          | 6.50g                   |
| <b>Vitamin A</b> 0.00IU | <b>Vitamin C</b> 0.00mg |
| <b>Calcium</b> 202.00mg | <b>Iron</b> 0.00mg      |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available