

CHEESY HAM AND POTATO SOUP WITH CHEESY BREAD



Servings:	240.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-10664
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Tap Water for Recipes	3 1/2 Gallon	UNPREPARED	000001WTR
POTATO DCD	5 #10 CAN		118583
CARROT DCD 1/4IN	3 Quart 1 Pint 1 Cup (15 Cup)		200972
CELERY DCD 1/4IN	3 Quart 1 Pint 1 Cup (15 Cup)		198196
SALT IODIZED	3 Fluid Ounce 1 Tablespoon (7 Tablespoon)		350732
FLOUR A/P PASTRY	1 Quart 1 Pint 1 1/2 Cup (7 1/2 Cup)		260231
BUTTER PRINT SLTD GRD AA	1 Quart 1 Pint 1 1/2 Cup (7 1/2 Cup)		191205
MILK WHT 2	3 3/4 Gallon		504602
SPICE PEPR BLK REG FINE GRIND	1 Tablespoon 3/4 Teaspoon (3 3/4 Teaspoon)		225037
Ham, CKD, Frozen, 97% FF Commodity 100184	20 Pound	UNSPECIFIED	100184
CHEESE AMER 160CT SLCD R/F	15 Pound		722360
BREADSTICK CHS WGRAIN	240 Each		723880

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	3.550
Grain	2.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.060
Legumes	0.000
Starch	0.250

Nutrition Facts

Servings Per Recipe: 240.00

Serving Size: 8.00 Ounce

Amount Per Serving			
Calories	472.95		
Fat	22.83g		
SaturatedFat	13.28g		
Trans Fat	0.00g		
Cholesterol	49.84mg		
Sodium	1318.35mg		
Carbohydrates	42.81g		
Fiber	4.31g		
Sugar	5.05g		
Protein	26.39g		
Vitamin A	1820.47IU	Vitamin C	1.20mg
Calcium	402.04mg	Iron	1.32mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	208.54		
Fat	10.07g		
SaturatedFat	5.86g		
Trans Fat	0.00g		
Cholesterol	21.97mg		
Sodium	581.29mg		
Carbohydrates	18.88g		
Fiber	1.90g		
Sugar	2.23g		
Protein	11.64g		
Vitamin A	802.69IU	Vitamin C	0.53mg
Calcium	177.27mg	Iron	0.58mg

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