

LASAGNA SOUP



Servings:	62.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-11124
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
85/15 Ground Beef, Frozen	10 Pound		100158
TOMATO DCD PETITE	2 #10 CAN	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	498871
SOUP TOMATO	2 Pound 1 Ounce (33 Ounce)	UNPREPARED Slowly Mix Soup + 1 Can Water. Stove: Heat, Stirring Occasionally.	101427
BROTH BF NO MSG	1 Gallon 2 Quart (24 Cup)	HEAT_AND_SERVE Convection: Place covered prepared product into 300°F oven for 30/201340 minutes until center reaches 165°F. Conventional: Place covered prepared product into 350°F oven for 60 minutes until center reaches 165°F. Microwave: Place prepared product into microwave safe covered container. Heat on high approximately 2/20133 minutes per portion or until center reaches 165°F. Stove Top: Place uncovered prepared product over medium heat for 10/201315 minutes or until center reaches 165°F, stirring occasionally to prevent scorching.	504599

Description	Measurement	Prep Instructions	DistPart #
SPICE THYME LEAF	1 Tablespoon		513814
SPICE BASIL LEAF	1 Fluid Ounce		513628
SPICE OREGANO LEAF	1 Fluid Ounce		228443
SPICE PEPR RED CRUSHED	1 Tablespoon		430196
PASTA FARFALLE	2 1/2 Pound		102881
CHEESE MOZZ SHRD	1 Pound	READY_TO_EAT Preshredded. Use cold or melted.	645170

Preparation Instructions

Recipe yield checked 2-8-22, 11-16-22

Brown ground beef; cook until internal temperature is at least 155 degrees. Drain off fat. Add tomatoes, soup, broth, and seasonings. Bring to a boil, add pasta and cook until just tender. Serve with Mozzarella cheese and parmesan(opt).

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	0.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.454
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 62.00

Serving Size: 8.00 Ounce

Amount Per Serving			
Calories	286.24		
Fat	13.43g		
SaturatedFat	4.75g		
Trans Fat	1.93g		
Cholesterol	53.94mg		
Sodium	591.24mg		
Carbohydrates	21.03g		
Fiber	1.61g		
Sugar	5.39g		
Protein	19.81g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	58.79mg	Iron	0.66mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	126.21		
Fat	5.92g		
SaturatedFat	2.10g		
Trans Fat	0.85g		
Cholesterol	23.78mg		
Sodium	260.69mg		
Carbohydrates	9.27g		
Fiber	0.71g		
Sugar	2.38g		
Protein	8.73g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	25.92mg	Iron	0.29mg

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