

HOMEMADE MEXICAN CHICKEN CORN CHOWDER



Servings:	384.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-11518
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	50 Pound	UNSPECIFIED Not currently available	570533
SPICE GARLIC POWDER	1 Tablespoon 3/4 Teaspoon (3 3/4 Teaspoon)		224839
BUTTER PRINT SLTD GRD AA	4 Pound		191205
BASE CHIX	1 Pint	READY_TO_EAT Prepare this roasted chicken base as directed to add a mild poultry flavor to signature soups and stews to give your operation a competitive edge. It saves on back of house preparation by providing a homestyle flavor without the stock pot.	439606
SPICE CUMIN GRND	6 Fluid Ounce 1/2 Tablespoon (12 1/2 Tablespoon)		273945
CREAMER HLF HLF	6 Gallon	READY_TO_EAT Whitening coffee, cooking applications	487961
CHEESE CHED MLD SHRD 4-5 LOL	23 3/4 Pound		150250

Description	Measurement	Prep Instructions	DistPart #
CORN CREAM STYLE	6 #10 CAN		118958
CHILIES GREEN DCD	6 Pound 1 1/2 Ounce (97 1/2 Ounce)	26 oz in a can	131460
Cold Water	3 Gallon		0000
CHIP TORTL TOP N GO WGRAIN	384 1 PKG (1.4oz)	READY_TO_EAT Lay product flat with the front facing you. Pull open the easy open strip to reveal the product. Cover product with toppings (chili, cheese sauce, or other - you provide) Enjoy	818222

Preparation Instructions

Dissolve the chicken base in hot water. Bring chicken, onion, garlic powder, butter, cumin, and dissolved chicken base to a boil. Reduce heat, cover, and simmer for 5 minutes. Add the cream, corn, chilies. Cook over low heat until cheese is melted and temp reaches 145 degrees.

Meal Components (SLE)

Amount Per Serving

Meat	2.742
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 384.00

Serving Size: 8.00 Ounce

Amount Per Serving	
Calories	537.52
Fat	30.31g
SaturatedFat	14.41g
Trans Fat	0.00g
Cholesterol	108.35mg
Sodium	853.46mg
Carbohydrates	38.67g
Fiber	3.40g
Sugar	5.61g
Protein	24.19g
Vitamin A	0.00IU
Vitamin C	0.00mg
Calcium	311.66mg
Iron	1.29mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	237.00
Fat	13.37g
SaturatedFat	6.35g
Trans Fat	0.00g
Cholesterol	47.77mg
Sodium	376.31mg
Carbohydrates	17.05g
Fiber	1.50g
Sugar	2.47g
Protein	10.67g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 137.42mg	Iron 0.57mg

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