

HOMEMADE UPSIDE DOWN CHICKEN POT PIE OVER BISCUIT

NO IMAGE

Servings:	16.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-11834
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO DCD	1 Pint		118583
CARROT DCD	1 3/4 Cup		285640
ONION DCD 1/4IN	1/4 Cup		198307
FLOUR A/P PASTRY	1 Cup		260231
SPICE THYME LEAF	1 Teaspoon		513814
Black Pepper	3/4 Teaspoon	BAKE	24108
BROTH CHIX NO MSG	1 Pint 1 Cup (3 Cup)		261564
CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	3 Pound	UNSPECIFIED Not currently available	570533
CORN CUT SUPER SWT	1 Cup		851329
PEAS GREEN	1 Cup		610802
DOUGH BISC HMSTYL	16 Each		504076

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.500
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.109
OtherVeg	0.006
Legumes	0.000
Starch	0.272

Nutrition Facts

Servings Per Recipe: 16.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	396.73
Fat	15.16g
SaturatedFat	6.51g
Trans Fat	0.00g
Cholesterol	55.00mg
Sodium	852.36mg
Carbohydrates	41.40g
Fiber	2.62g
Sugar	3.68g
Protein	21.91g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 45.71mg	Iron 3.14mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available