

GARDEN VEGETABLE CREAM CHEESE

NO IMAGE

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Cup	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-7644
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE CREAM GRDN VEG CUP 100-1Z GCHC	1 Each		228117

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Cup

Amount Per Serving	
Calories	91.70
Fat	8.70g
SaturatedFat	5.90g
Trans Fat	0.00g
Cholesterol	23.00mg
Sodium	124.00mg
Carbohydrates	1.00g
Fiber	0.20g
Sugar	0.00g
Protein	1.40g
Vitamin A 499.15IU	Vitamin C 0.21mg
Calcium 23.16mg	Iron 0.09mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available