

CHEDDAR CHEESE SAUCE

NO IMAGE

Servings:	1.00	Category:	Condiments or Other
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-16592
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE CHS CHED SHARP	1/4 Cup		136476

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving	
Calories	70.00
Fat	5.00g
SaturatedFat	2.50g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	560.00mg
Carbohydrates	6.00g
Fiber	0.00g
Sugar	1.00g
Protein	0.00g
Vitamin A 100.00IU	Vitamin C 0.00mg
Calcium 20.00mg	Iron 0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	123.46
Fat	8.82g
SaturatedFat	4.41g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	987.67mg
Carbohydrates	10.58g
Fiber	0.00g
Sugar	1.76g
Protein	0.00g
Vitamin A 176.37IU	Vitamin C 0.00mg
Calcium 35.27mg	Iron 0.00mg

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