

HOMESTYLE MACARONI AND CHEESE WITH HAM

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-16938
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE MACAR CHS HMSTYL	1 Cup		180340
TURKEY HAM DCD	2 Ounce		202150

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	393.09
Fat	19.32g
SaturatedFat	8.00g
Trans Fat	0.00g
Cholesterol	86.54mg
Sodium	938.94mg
Carbohydrates	27.00g
Fiber	3.00g
Sugar	0.00g
Protein	22.30g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 150.00mg	Iron 1.48mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available