

# FRESH BAKED BREADSTICK



<b>Servings:</b>	1.00	<b>Category:</b>	Grain
<b>Serving Size:</b>	2.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-16956
<b>School:</b>	Manchester High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH BREADSTICK FREN	1 Each		439576

## Preparation Instructions

No Preparation Instructions available.

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	0.000
<b>Grain</b>	1.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Each

Amount Per Serving			
<b>Calories</b>	66.40		
<b>Fat</b>	0.85g		
<b>SaturatedFat</b>	0.15g		
<b>Trans Fat</b>	0.01g		
<b>Cholesterol</b>	1.50mg		
<b>Sodium</b>	126.05mg		
<b>Carbohydrates</b>	12.50g		
<b>Fiber</b>	0.45g		
<b>Sugar</b>	1.00g		
<b>Protein</b>	2.40g		
<b>Vitamin A</b>	0.00IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	4.31mg	<b>Iron</b>	0.80mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available