

CHOCOLATY S'MORE BARS

NO IMAGE

Servings:	12.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-16960
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHOC CHIPS SMISWT 1000/	1/3 Cup		242115
MARSHMALLOW	10 Ounce		112771
CEREAL GLDN GRAHAMS	12 Ounce		676519
BUTTER PRINT SLTD GRD AA	2 Fluid Ounce		191205

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 12.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	259.13
Fat	6.18g
SaturatedFat	3.43g
Trans Fat	0.00g
Cholesterol	10.00mg
Sodium	267.50mg
Carbohydrates	49.07g
Fiber	1.94g
Sugar	26.69g
Protein	2.77g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 100.91mg	Iron 2.88mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available