

PHILLY STEAK SUB WITH CORN CHIPS AND COOKIE



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-20168
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL SEAS CKD 2.86Z 6-5 JTM	3 Ounce		720861
White Wheat Sub Bun	1 Each		31454
CHIP CORN FUN SZ	1 Package	READY_TO_EAT Use Code date on bag to rotate product so that the oldest product is consumed first. Place in box lunch or on tray unopened	158763
DOUGH CKY CHOC CHP	1 Each		223859

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.055
Grain	3.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	547.02
Fat	24.13g
SaturatedFat	8.18g
Trans Fat	0.53g
Cholesterol	46.10mg
Sodium	879.14mg
Carbohydrates	60.08g
Fiber	3.50g
Sugar	16.05g
Protein	21.25g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 93.27mg	Iron 3.56mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available