

CHEESY HAM AND POTATO SOUP WITH TWISTED BREADSTICK

NO IMAGE

Servings:	240.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22725
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
WATER SPRNG	3 1/2 Gallon		686860
POTATO DCD	5 #10 CAN		118583
CARROT DCD 1/4IN	3 Quart 1 Pint 1 Cup (15 Cup)		200972
CELERY DCD 1/4IN	3 Quart 1 Pint 1 Cup (15 Cup)		198196
SALT IODIZED	3 Fluid Ounce 1 Tablespoon (7 Tablespoon)		350732
FLOUR A/P PASTRY	1 Quart 1 Pint 1 1/2 Cup (7 1/2 Cup)		260231
BUTTER PRINT SLTD GRD AA	1 Quart 1 Pint 1 1/2 Cup (7 1/2 Cup)		191205
MILK WHT 2	3 3/4 Gallon		504602
SPICE PEPR BLK REG FINE GRIND	1 Tablespoon 3/4 Teaspoon (3 3/4 Teaspoon)		225037
CHEESE AMER 160CT SLCD R/F	15 Pound		722360
TURKEY HAM DCD	15 Pound		202150
BREADSTICK GARL WGRAIN TWST 54-2.1Z	240 Each		644051

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.664
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.063
Legumes	0.000
Starch	0.251

Nutrition Facts

Servings Per Recipe: 240.00

Serving Size: 8.00 Ounce

Amount Per Serving	
Calories	379.28
Fat	15.40g
SaturatedFat	8.24g
Trans Fat	0.00g
Cholesterol	53.27mg
Sodium	1111.04mg
Carbohydrates	40.72g
Fiber	1.31g
Sugar	3.50g
Protein	19.31g
Vitamin A 1820.47IU	Vitamin C 1.20mg
Calcium 309.04mg	Iron 1.56mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	167.23
Fat	6.79g
SaturatedFat	3.63g
Trans Fat	0.00g
Cholesterol	23.49mg
Sodium	489.89mg
Carbohydrates	17.95g
Fiber	0.58g
Sugar	1.54g
Protein	8.51g
Vitamin A 802.69IU	Vitamin C 0.53mg
Calcium 136.26mg	Iron 0.69mg

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