

CORN CHIP SALAD - Single Serving



Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-26340
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE RIBBONS	1 Pint		451730
CHEESE CHED MLD SHRD 4-5 LOL	1/4 Cup		150250
EGG HARD CKD PLD BIB 4-2.5 GCHC	1 Each		229431
BACON TOPPING 3/8IN DCD	1/4 Cup		104396
CHIP CORN	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	105040

Preparation Instructions

Place Romaine in salad container. Chop egg and place in cup and place in salad container. May cup cheese and bacon if you wish or add to romaine. Serve with Homemade Corn chip Salad Dressing. Serve with Corn chips that customer will lightly crush and add to salad right before eating.

Meal Components (SLE)

Amount Per Serving

Meat	2.750
Grain	1.250
Fruit	0.000
GreenVeg	0.021
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	490.00
Fat	33.00g
SaturatedFat	13.00g
Trans Fat	0.00g
Cholesterol	265.00mg
Sodium	1040.00mg
Carbohydrates	22.00g
Fiber	3.00g
Sugar	3.00g
Protein	26.00g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 296.00mg	Iron 1.20mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available