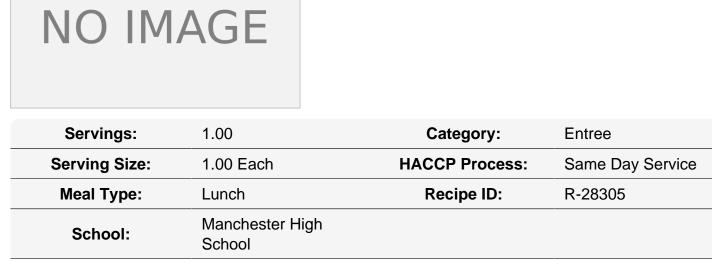
FISH FILLET WITH GARLIC CHEESE BISCUIT



Ingredients

Desc	ription	Measurement	Prep Instructions	DistPart #
POLLOCK WGRAIN N	BRD FLLT MSC 3.6Z	1 Each	BAKE Cook from frozen state.CONVENTIONAL OVEN: Preheat oven to 425°F. Bake portions for 18-20 minutes.CONVECTION OVEN: Preheat oven to 400°F. Bake portions for 14-16 minutes.NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.	519420
DOUGH B CHS	ISC GARL	1 Each	BAKE Standard Prep: Place 70 frozen biscuits on greased or parchment lined full sheet pan in 7x10 pattern. Bake time 14-18 minutes in 325 degrees F convection oven. See package for complete baking instructions.	142210

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving						
280.00						
12.00g						
3.50g						
0.00g						
35.00mg						
610.00mg						
29.00g						
1.00g						
1.00g						
13.00g						
Vitamin C	0.00mg					
Iron	1.90mg					
	280.00 12.00g 3.50g 0.00g 35.00mg 610.00mg 29.00g 1.00g 1.00g 13.00g Vitamin C					

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available