

HOMEMADE COLE SLAW

NO IMAGE

Servings:	50.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-28353
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
DRESSING COLE SLAW	1/2 Gallon		281476
COLE SLAW SHRED SEP 1/16IN	10 Pound		430347

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.520
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	230.41
Fat	19.18g
SaturatedFat	3.20g
Trans Fat	0.00g
Cholesterol	19.18mg
Sodium	455.43mg
Carbohydrates	12.83g
Fiber	2.06g
Sugar	10.77g
Protein	1.03g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 36.13mg	Iron 0.37mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available