

CLUB ON SOURDOUGH BUN

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-28354
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SRDGH KAISER 4.5IN	1 Each		227740
CHEESE PROV NAT SLCD .75Z	1 Slice		726532
BACON CKD RND	1 Each		433608
HAM VIRGINIA BKD DELI SLCD	2 Ounce		680656
TURKEY BRST DELI SLCD CKD	1 Ounce		680613

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.625
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	450.00
Fat	15.00g
SaturatedFat	6.00g
Trans Fat	0.00g
Cholesterol	57.50mg
Sodium	1420.01mg
Carbohydrates	48.00g
Fiber	1.50g
Sugar	4.50g
Protein	31.50g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 196.00mg	Iron 3.65mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available