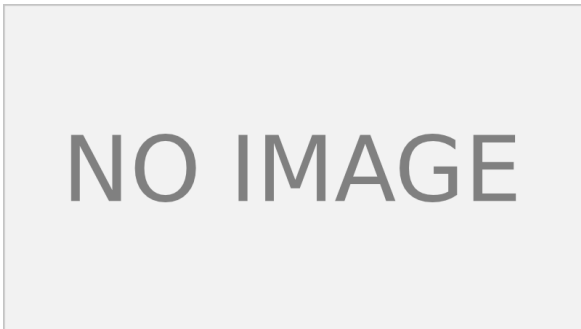


# BEEF AND BACON CHILI WITH CORN BREAD MUFFIN



<b>Servings:</b>	50.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	8.00 Ounce	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-28739
<b>School:</b>	Manchester High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BACON L/O 18-22CT FZ	50 Slice		247685
ONION DCD IQF	1 1/4 Cup		261521
SPICE GARLIC POWDER	2 1/2 Teaspoon		224839
BEEF GRND	10 Pound		110520
SPICE CHILI POWDER MILD	5 Fluid Ounce		331473
SPICE CUMIN GRND	2 Fluid Ounce 1/2 Teaspoon (12 1/2 Teaspoon)		273945
SPICE PAPRIKA SMOKED	1 Tablespoon 1 1 Teaspoon (5 Teaspoon)		860430
SPICE PEPR RED CAYENNE GRND	2 Fluid Ounce 1 Tablespoon (5 Tablespoon)		225088
TOMATO DCD PETITE	4 Pound 6 Ounce (70 Ounce)		498871
SAUCE TOMATO	3 Pound 12 Ounce (60 Ounce)		306347
SAUCE WORCESTERSHIRE	1 Fluid Ounce 1 Tablespoon 1 0 Teaspoon (10 Teaspoon)		109843
BEAN CHILI MEX STYLE	6 Pound 9 Ounce (105 Ounce)		192015

Description	Measurement	PrepInstructions	DistPart#
JUICE TOMATO 100	3 Quart		732790
MUFFIN CORN BULK	50 Each		819521

## Preparation Instructions

Cook bacon with onion until bacon is crispy; drain. Set aside. Cook ground beef until no longer pink: drain. Add bacon and onion along with the rest of the ingredients. Bring to a boil; reduce heat and simmer for up to 2 hours.

### Meal Components (SLE)

Amount Per Serving

Meat	2.960
Grain	1.750
Fruit	0.000
GreenVeg	0.000
RedVeg	0.467
OtherVeg	0.014
Legumes	0.263
Starch	0.000

### Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 8.00 Ounce

Amount Per Serving			
Calories	530.77		
Fat	27.96g		
SaturatedFat	7.57g		
Trans Fat	1.91g		
Cholesterol	102.17mg		
Sodium	971.14mg		
Carbohydrates	44.84g		
Fiber	3.60g		
Sugar	17.91g		
Protein	24.98g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	54.93mg	Iron	2.69mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

Calories	234.03		
Fat	12.33g		
SaturatedFat	3.34g		
Trans Fat	0.84g		
Cholesterol	45.05mg		
Sodium	428.20mg		
Carbohydrates	19.77g		
Fiber	1.59g		
Sugar	7.90g		
Protein	11.02g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	24.22mg	Iron	1.19mg

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