

Pasta Plate

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-32553
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Homemade Macaroni Salad	1 Serving		R-32552
CHEESE COLBY JK CUBE IW 200-1Z LOL	1 Ounce	BAKE	680130

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.800
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.133
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	686.85
Fat	41.73g
SaturatedFat	9.98g
Trans Fat	0.43g
Cholesterol	198.67mg
Sodium	954.66mg
Carbohydrates	64.32g
Fiber	1.84g
Sugar	33.78g
Protein	16.78g
Vitamin A 3253.18IU	Vitamin C 1.23mg
Calcium 237.65mg	Iron 2.29mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available