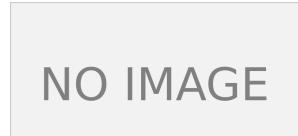
FRUIT BY THE FOOT



Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-40419
School:	Manchester High School		
Ingredients			
Description	Measurement	Prep Instruc	tions DistPart #
SNACK FRT BY THE FOOT R/S	1 Each	READY_TO_EAT READY TO EAT	213941

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	. ,
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

5				
Amount Per Serving				
Calories	80.00			
Fat	1.00g			
SaturatedFat	0.50g			
Trans Fat	0.00g			
Cholesterol	0.00mg			
Sodium	50.00mg			
Carbohydrates	17.00g			
Fiber	0.00g			
Sugar	10.00g			
Protein	0.00g			
Vitamin A 0.00IL	J Vitamin C 0	.00mg		
Calcium 0.00m	ng Iron 0	.00mg		

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available