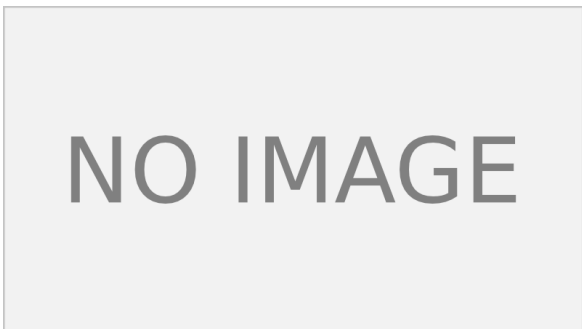


DICED, HARD-BOILED EGGS



Servings:	1.00	Category:	Condiments or Other
Serving Size:	2.00 Tablespoon	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-40985
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG HRD CKD DCD IQF	1 Fluid Ounce		192198

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Tablespoon

Amount Per Serving	
Calories	53.33
Fat	3.33g
SaturatedFat	1.00g
Trans Fat	0.00g
Cholesterol	123.33mg
Sodium	40.00mg
Carbohydrates	0.67g
Fiber	0.00g
Sugar	0.67g
Protein	4.00g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 16.67mg	Iron 0.67mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available