

SAUSAGE, EGG AND CHEESE ON A BISCUIT

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-4111
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH BISC HMSTYL	1 Each	Place 28 on a large sheet pan lined with parchment paper. Thaw overnight in cooler. Bake at 350 for 10-14 minutes.	504076
CHEESE AMER 160CT SLCD R/F	1 Slice	READY_TO_EAT Pre-sliced Use Cold or Melted	722360
EGG PTY RND 3.5IN	1 Each		741320
SAUSAGE PTY CKD IQF 1.5Z	1 Each		112620

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.750
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	485.00
Fat	33.00g
SaturatedFat	13.25g
Trans Fat	0.00g
Cholesterol	137.50mg
Sodium	1270.00mg
Carbohydrates	30.00g
Fiber	1.00g
Sugar	2.50g
Protein	16.50g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 164.00mg	Iron 2.50mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available